

Reconnection Workshops

Today's service members are facing repeated deployments to conflict zones around the world. After a deployment, many realize that the return home can be just as challenging as their tour of duty. The American Red Cross of Southern Nevada, with support from Walmart has developed the Reconnection Workshops for all military families to assist them with managing the challenges of reintegration. The Reconnection Workshops focus on individuals and small groups through facilitated sessions that enhance the likelihood of positive reconnection between family members and the successful reintegration of service members into civilian life. These courses are offered at no charge and participation is kept confidential.



Actively licensed and specially trained Red Cross mental health professionals will facilitate the sessions, which cover topics relevant to a successful transition. Module topics include:

- Communicating Clearly
- Exploring Stress and Trauma
- Identifying Depression
- Relating to Children
- Working through Anger



Cars, Stars and Guitars 17th Annual Car Show in Boulder City, Nevada will support the American Red Cross of Southern Nevada Chapter Reconnection Workshop program. Funds donated to this program will help “get the word out” about this program and to make sure Military members and their families to have every opportunity to attend these workshops. If you would like to donate to the American Red Cross of Southern Nevada please go to the following web site <http://www.redcrosslasvegas.org/> and select donations. You can pay by credit card or submit a check and make sure you identify that your donation needs to go to the Services to Armed Forces (SAF) to support the Reconnection Workshop. If you have any questions please contact “JD” Daniels at (702) 249-9605 or email at: jddaniels1972@gmail.com.